



The Cook Loves Peas

Skill: Beginning Sounds

<u>What you need</u>	<u>Who can play</u>
<i>Optional:</i> Pictures of food items or actual food items	Child and adult / older sibling

What you do

1. Have your child sit with you at the table. Place the pictures of food or actual food items on the table.
2. Same the name of each food item, so your child will be thinking of the right names for this game.
3. Tell your child that THE COOK LOVES PEAS! So, their job is to name other foods that Cook will love, that also begin with the letter p. (Discuss the pun-- *peas* and *p's!*)
4. Have your child repeat this line for each new food that starts with 'p:'
 - The cook loves pizza!
 - The cook loves pears!
 - The cook loves peanuts!
 - The cook loves pickles!
5. Have your child use the pictures or actual food for ideas, or they can think of other foods on their own.
6. When all possible foods that start with 'p' have been named, choose another letter to use, such as B: The cook loves broccoli, C: The cook loves carrots, D: The cook loves doughnuts, and F: The cook loves fritters!

Another way to play

Name four foods for your child, three of which start with the same sound, and one of which is different. Have your child name the one that is different. For example, say, "The cook loves peanuts, pizza, bananas, and pears!"

Taking it further

Name foods that have the targeted sound at the *end* of the words. For example, "The cook loves broccoli, turkey, and a cookie!" (Remember: focus on sounds, not spelling.)