



# Going on a Picnic

Skill: Beginning Sounds



<u>What you need</u>	<u>Who can play</u>
Paper Markers, pen, or pencil	Child and adult / older sibling

## What you do

**Note:** Instead of *picnic*, use a visit to a friend or family member, cookout, barbeque, vacation, camping trip, or any favorite family activity!

1. Introduce this game to your child by saying, “We are going on a picnic, and we need to bring several things that begin with the letter \_\_\_\_.” For example, if you choose the letter ‘m,’ you might take *macaroni salad*, *marshmallows*, *meatloaf*, *markers*, and a *map*.
2. Help your child think of things, if necessary.
3. Write the chosen letter on the paper, and have your child draw the things that start with that letter. More things can also be added as your child thinks of them.

## Other ways to play

1. Draw a few items that start with the chosen sound, and have your child figure out the letter you chose by saying the names of the drawings and stretching out that first sound, if needed. They can then draw more items that start with that sound.
2. Have your child draw 10-20 items to take on the picnic, no matter what sound they start with. Have them cut the items apart, and help them sort according to the first sound. Continue adding to this game throughout several days or weeks. Your child can then sort independently and have you check it when they are finished.

## Taking it further

1. Try thinking of things that start with the same \*two\* sounds, such as, *bologna*, *bucket*, and *butterflies*. (Remember: pay attention to sounds, not spelling!)
2. Try thinking of things that have the same sound at the end of the words, such as *cake*, *pork*, *fork*, and *hook*.